



BREAKFAST

Pancakes **\$3.99**
 (Regular or Protein)
 With toppings of your choice.

Waffles **\$3.99**
 (Regular or Protein)
 With toppings of your choice.

Toppings
 Berries - Bananas - Blackberries - Strawberries
 Blueberries - Raspberries
 Caramel / Powdered Sugar / Syrup
 Whipped Cream (regular or coconut)
 More than 3 toppings will cost an additional charge

OMELETS

Light Omelet **\$8.99**
 Egg whites with spinach, avocado, and two slices of toast (wheat or white).

Regular Omelet **\$7.99**
 Whole egg, American cheese, breakfast potatoes (Toast is optional).

Country Omelet **\$9.99**
 Whole egg, Ham, American cheese, breakfast potatoes (Toast is optional).

TORI BOWLS

Chicken or Beef Bowl **\$10.99**
 Rice, Beans, Pico de gallo, corn or flour tortilla.

Chicken breast
 Rice & Vegetables

DRINK

Lemonade

Hibiscus (Jamaica)

JUICES

Green Day **\$5.99**
 Spinach, Pineapple, Apple, Cucumber, Lemon, Celery, Ginger

Sunrise
 Carrots, Orange, Pineapple, Apple, Lemon, Ginger

Boom Boom
 Beets, Orange, Pineapple, Lemon, Ginger

SALADS

	Reg.	w/ chicken
House Salad	\$7.99	\$12.25
Iceberg & Romaine lettuce, bell peppers, cucumber, cilantro dressing or choice of dressing.		

	Reg.	w/ chicken
Laredo Salad	\$7.99	\$12.25
Iceberg & Romaine lettuce, ham, Panela cheese, sunflower seeds, tortilla chips, tomato, purple onion, cucumber.		

	SM	LG
Caesar Salad	\$7.99	\$12.25
Iceberg & Romaine lettuce, Croutons, Parmesan cheese		

	SM	LG
Mediterranean	\$5.99	\$9.99
Cucumbers, Bell Peppers, Cherry tomatoes, Black olives, Feta cheese, marinated in dressing.		

	SM	LG
Club Salad	\$8.99	\$9.99
Spinach, Carrots, Sunflower seeds, Corn, Boiled Egg, Cherry tomatoes, Mixed cheese, Grilled Chicken.		

SANDWICHES

Turkey Sandwich **\$5.99**
 Wheat or white bread (toasted or normal), Lettuce, Tomato, Avocado, Purple onion, Turkey, and Mozzarella cheese.

Chicken Sandwich
 Wheat or white bread (toasted or normal), Lettuce, Chicken salad.

Tuna Sandwich
 Wheat or white bread (toasted or normal), lettuce, avocado, tuna.

Sides: Health Chips or Fruit (Choice)

